



Consent



What is Consent?

Consent is:

Consent is knowing, voluntary, and clear permission by words or actions to engage in sexual activity. It is the responsibility of each party to determine that the other has consented before engaging in the activity.

Consent can be withdrawn at any time!

Consent is Not:

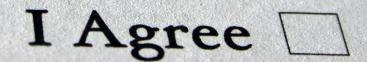
- Gained by force, threats, intimidation, or coercion or inferred by silence or lack of resistance.
- Implied by attire or inferred from money spent.
- Given by a minor or someone with an mental disability.
- Given if the person is asleep, intoxicated, or incapacitated.
- Assumed by previous acts or relationship status.

- Communication, respect, and honesty make sex and relationships better.
- Asking for and obtaining consent shows that you have respect for both yourself and your partner.
- Positive views on sex and sexuality are empowering.
- It eliminates the entitlement that one partner feels over the other.
- Neither your body nor your sexuality belongs to someone else.



<u>Before</u> you engage in any sexual activity as yourself:

Have I expressed what I want? Do I know what my partner wants? Am I certain that consent has been given? Is my potential partner sober enough to decide whether or not to have sex? Am I sober enough to know that I've correctly gauged consent?



Red, Yellow, and Green Signs

Red: Signs You Should Stop

- You asked multiple times before they said yes.
- Your partner is intoxicated, asleep, or passed out.
- You hope your partner will say nothing and go with the flow or you intend on having sex by any means necessary.

Yellow: Pause and Talk

- You are not sure what the other person wants.
- You feel like you are getting "mixed signals."
- You have not talked about what you want to do.
- You assume you will do the same thing as before. Your partner stops or is not responding to what you do.

Green: Keep Communicating

- Partners come to a mutual decision about how far to go and have clearly expressed their comfort with the situation.
- You feel comfortable and safe stopping at any time.
- Partners are excited!



See Something, Say Something, Do Something!

If you are in imminent danger, call 911



Let's Talk, We Can Help.

National Sexual Assault Hotline 1-800-656-4673 (24/7)

Victim Connect Resource Center, call or text 1-855-4VICTIM (855-484-2846) 888-511-3522 or <u>chat online</u>.

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