



Dear YCCD Students, Faculty and Staff,

The Centers for Disease Control and Prevention (CDC) continue to closely monitor the coronavirus outbreak first identified in Wuhan, Hubei Province, China in December 2019. The U.S. State Department recommends no travel to China due to the spreading outbreak in that nation.

Common human coronaviruses usually cause mild to moderate upper-respiratory tract illnesses, like the common cold. Most people get infected with these viruses at some point in their lives. These illnesses usually only last for a short amount of time. Symptoms may include:

- Fever
- Cough
- Difficulty breathing
- Running nose
- Headache
- A general feeling of being unwell

As with any virus, especially during the flu season, the Health Department reminds you there are a number of steps you can take to protect your health and those around you:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough.

At this time, the health risk to the general public in California from novel coronavirus (COVID-19) remains low and to date no students, faculty or staff members of the Yuba Community College District have been diagnosed with coronavirus.

Students, faculty and staff experiencing worsening flu-like symptoms should seek medical attention. Please call the Yuba College Student Health Clinic and Student Wellness Center at 530-740-1749; the Woodland Community College Student Health Services at 530-661-7758; or visit your local health care facility, immediately. Call ahead if you have recently traveled to China or have had contact with a person with confirmed COVID-19 while they were ill.

Sincerely,

Dr. Douglas B. Houston

Chancellor