



February 27, 2020

Dear YCCD Students, Faculty and Staff,

The Centers for Disease Control and Prevention (CDC) continue to closely monitor the coronavirus outbreak first identified in Wuhan, Hubei Province, China in December 2019. The U.S. State Department recommends no travel to China due to the spreading outbreak in that nation. The official guidance for all California agencies continues to come from the California Department of Public Health (CDPH). The most recent information provided by CDPH can be found here: www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019.aspx

Recently, two students in the Los Rios Community College District, both who work as medical professionals, were exposed off campus to an individual who has since tested positive for coronavirus and is being treated in Sacramento County. Sacramento County health experts have indicated there are no indications at this time that members of the Los Rios CCD community are at risk of potential exposure to the virus.

The CDPH Director Dr. Sonia Angell continues to report that the health risk to the general public in California from the novel coronavirus (COVID-19) remains low and to date no students, faculty or staff members of the Yuba Community College District have been diagnosed with COVID-19.

Common human coronaviruses usually cause mild to moderate upper-respiratory tract illnesses, like the common cold. Most people get infected with these viruses at some point in their lives. These illnesses usually only last for a short amount of time. Symptoms may include:

- Fever
- Cough
- Difficulty breathing
- Running nose
- Headache
- A general feeling of being unwell

As with any virus, especially during the flu season, the Health Department reminds you there are a number of steps you can take to protect your health and those around you:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.



- Stay home when you are sick.
- Cover your cough with your arm.

Students, faculty and staff experiencing worsening flu-like symptoms should seek medical attention. Please call the Yuba College Student Health Clinic and Student Wellness Center at 530-740-1749; the Woodland Community College Student Health Services at 530-661-7758; or visit your local health care facility, immediately. Call ahead if you have recently traveled to China or have had contact with a person with confirmed COVID-19 while they were ill.

Sincerely,

A handwritten signature in blue ink, appearing to read 'D. Houston', with a stylized flourish extending to the right.

Dr. Douglas B. Houston
Chancellor